



NIKE FOOTBALL CAMPS



FOUNDATION

SUMMER 2022





TRAIN LIKE A CHELSEA PLAYER

Residential 1- or 2-week camps in July and August for boys aged 9-17 with Chelsea FC Foundation at Charterhouse School, a leading English private school near London.

Players are coached by Chelsea FC Foundation in a training programme inspired by the Academy curriculum at 5-time English Premier League winners, and current European Champions, Chelsea Football Club. Players can choose to focus entirely on developing their game on and off the pitch with the Total Football programme, or improve their English language skills alongside their football on the Football + English camp.

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CAMP OPTIONS

Players can choose from either **TOTAL FOOTBALL** or **FOOTBALL+ENGLISH**.

Both options are available as either a 6- or 13-night camp, and both include:

-  **CHELSEA FC COACHING**
-  **FOOTBALL DEVELOPMENT WORKSHOPS**
-  **24/7 SUPPORT STAFF**
-  **3 MEALS A DAY**
-  **ON-SITE ACCOMMODATION**
-  **EXCURSIONS TO CITIES + STAMFORD BRIDGE**
-  **EXCLUSIVE NIKE GIFT PACK**
-  **COACHING REPORT + CERTIFICATE**

OPTION 1

TOTAL FOOTBALL

- An intensive programme that is not suitable for complete beginners
- Suitable for all English language abilities except beginners
- Up to 31 hours a week of coaching, games and workshops with Chelsea FC Foundation

OPTION 2

FOOTBALL + ENGLISH

- Suitable for all English language levels
- 13-14 hours a week of English Language lessons using an accelerated model of English learning
- Up to 18 hours a week of coaching, games and workshops with Chelsea FC Foundation





THE COACHING

TRAIN LIKE A PRO

The coaching curriculum is designed and delivered by Chelsea FC Foundation, one of the world's leading football, education, and community programmes. The camps provide an insight into life as a young player at Chelsea FC and are tailored to challenge players at their age and ability level.

RAISE YOUR GAME

Players improve through a combination of coaching, skills challenges and small-sided games. Younger players are encouraged in a fun and engaging environment, while older players can expect high-intensity training that challenges them tactically and technically. All players leave with a better understanding of how to improve while gaining confidence from an international football environment.

FOR GOALKEEPERS

Goalkeeper coaches focus on specific goalkeeping skills in one technical session each day. Goalkeepers join outfield players for other sessions to further understand gameplay situations.

FIVE FACTORS OF DEVELOPMENT



TECHNICAL



TACTICAL



PHYSICAL



PSYCHOLOGICAL



SOCIAL





“

From my time here at Chelsea it is clear that youth development plays a very important part in what we do as a club. Coming from my time as an Academy coach, I know it is vitally important that you get this work right in all areas of a football club, from the men's and women's first teams to our Academy and the work of the Foundation. If you can equip young players with the right skills and mentality to progress in the game, then it sets a really good platform for them to succeed.”

**THOMAS TUCHEL,
CHELSEA FC MANAGER**





FOOTBALL WORKSHOPS

OFF THE PITCH

Specialist staff from Chelsea FC deliver a workshop each week to expose players to a broader view of the game. Here are some examples of previous workshops...



OVERSEAS SCOUTING

"How do Chelsea FC identify and recruit players from overseas?"

WITH THE CHIEF INTERNATIONAL SCOUT AT CHELSEA FC

MATCH ANALYSIS

"How to analyse a match and understand how you can influence the game more"

WITH A FOOTBALL PERFORMANCE ANALYST

TALENT IDENTIFICATION

"What are the key attributes that Chelsea FC look for in young players?"

WITH THE ACADEMY INTEGRATION MANAGER AT CHELSEA FC

DEVELOPMENT PATHWAY

"How do players in the UK progress through the Chelsea FC youth development system?"

WITH THE ACADEMY INTEGRATION MANAGER AT CHELSEA FC





CHELSEA FC TRAINING CENTRE

TRAIN LIKE A CHELSEA FC PLAYER

AT THE OFFICIAL TRAINING CENTRE

Every week, players experience a day training at the Chelsea FC Training Centre. The facility provides an inspirational setting for players and gives a real taste of life as a Chelsea FC professional.

Sessions focus mainly on game play situations and encourage everyone to put into practice the skills they have learned throughout the week. During the day, Chelsea FC's expert staff, together with occasional special guest speakers, offer young players knowledge and insight into the professional game.





“

They're doing everything that a young, elite male or female football player would be doing. They play like professional footballers, study like professional footballers, live like professional footballers.”

**CHELSEA FC
FOUNDATION
HEAD COACH 2019**





ENGLISH TEACHING

LEARN IN CLASS AND ON THE PITCH

The English curriculum is based on the CLIL approach used in top schools worldwide and is designed to enhance students' use of English in sport and the wider world. Teachers live on-site and all our staff create an immersive English environment by ensuring students communicate in English throughout the camp.

WHAT YOU GET



13-14 HOURS OF ENGLISH LESSONS PER WEEK



1:12 TEACHER TO STUDENT RATIO (AVERAGE)



ENGLISH REPORT + COMPLETION CERTIFICATE



HOW IT WORKS

On the first day, students take an English test and are divided into classes within their age group, ranging from beginner to advanced. Teachers cover general English and sports-related English in their lessons. Using the topic of sport engages students with a common interest in the classroom and equips them with useful vocabulary for their coaching sessions. Lessons are fun and interactive, using a combination of traditional classroom techniques, active participation and project work.

At the end of each week, students get an English progress report and completion certificate, along with advice from their teacher on how to continue improving their English at home.



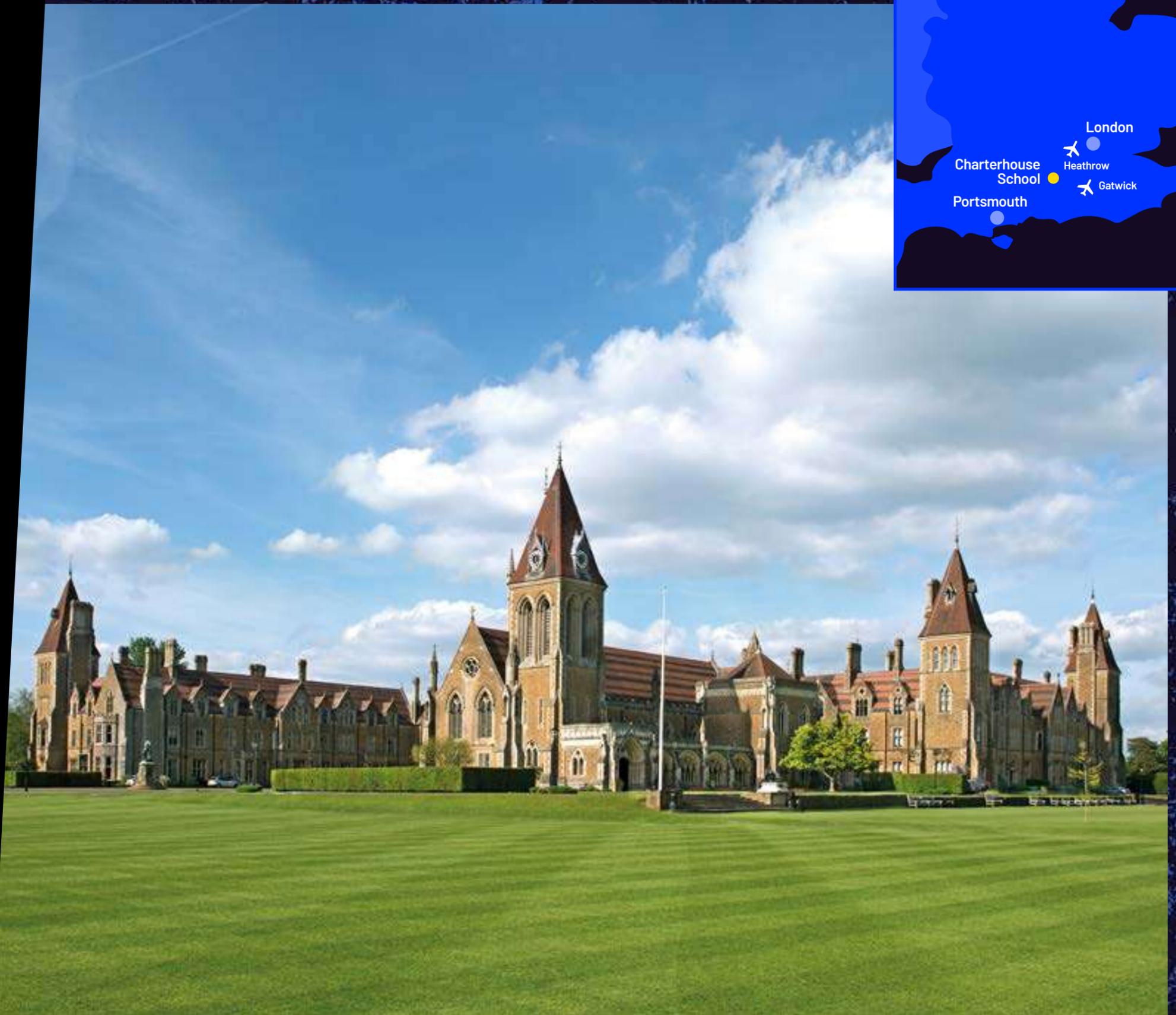


THE VENUE CHARTERHOUSE SCHOOL

AN INTERNATIONALLY RENOWNED UK PRIVATE SCHOOL

Founded in the 1600s, Charterhouse is one of the most historic schools in the UK. The school has been on its current site in Surrey, near London, since 1847, with 240 acres of grounds and a breath-taking main school building surrounded by many more modern additions. Charterhouse's rich footballing history includes being involved in defining the rules of the modern game at the first meeting of the Football Association in 1863. The Old Carthusians, a team of former Charterhouse pupils, also famously won the 1881 FA Cup.

With 12 immaculate natural grass football pitches spread across the idyllic campus, the school provides an inspiring and historic environment for players on the camp.





CHARTERHOUSE SCHOOL

THE DETAILS

ACCOMMODATION

Mostly single bedrooms, some twin rooms.
Mostly en-suite bathrooms, some shared

FACILITIES

- 12 grass football pitches
- Astro football pitch
- Tartan athletics track
- Indoor swimming pool
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities

CATERING

3 nutritionally balanced meals a day and an evening snack, including vegetarian options

TRANSFERS

We offer an airport transfer service from the following airports:

- London Heathrow Airport (LHR) 45km
- London Gatwick Airport (LGW) 64km

EXCURSIONS

All camps

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum

13-night camps only

- London Experience
- Portsmouth Historic Dockyard



2022 CAMP DATES

6-night camps

Monday – Sunday

- 4 Jul – 10 Jul
- 11 Jul – 17 Jul
- 18 Jul – 24 Jul
- 25 Jul – 31 Jul
- 1 Aug – 7 Aug
- 8 Aug – 14 Aug

13-night camps

Monday – Sunday

- 4 Jul – 17 Jul
- 11 Jul – 24 Jul
- 18 Jul – 31 Jul
- 25 Jul – 7 Aug
- 1 Aug – 14 Aug

“

Our son Richard had a wonderful time during the football camp at Charterhouse. A great location! A friendly, welcoming atmosphere with kind people around! Great coaches, where children from all over the world really could learn new tactics and ideas! Great team spirit!”

MR FREUNDLIEB, GERMANY





CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions...

LONDON EXPERIENCE

13-NIGHT CAMPS ONLY

Players experience the sights of the capital including Big Ben and Buckingham Palace, as well as enjoying a shopping experience in Westfield.



CHELSEA FC TRAINING CENTRE

EVERY WEEK

Players spend the day training with their coaches at Chelsea FC's Training Centre in Cobham. The trip is enhanced with football workshops, and question and answer sessions.



STAMFORD BRIDGE

ALL CAMPS

The trip to Chelsea FC's iconic stadium in West London includes a behind-the-scenes tour and a visit to the museum, where players will learn about the evolution of the club and the secrets to their long-term success.

PORTSMOUTH HISTORIC DOCKYARD

13-NIGHT CAMPS ONLY

Players either take a morning boat tour around the harbour's collection of famous warships or step aboard the HMS Victory for a tour of Lord Nelson's flagship. The afternoon is spent shopping at Gunwharf Quays, the South Coast's leading designer outlet shopping centre.





DATES + DETAILS AT A GLANCE

VENUE
CHARTERHOUSE SCHOOL

AVAILABLE CAMPS

- **TOTAL FOOTBALL:** Up to 31 hrs of football a week
- **FOOTBALL+ENGLISH:** Up to 18 hrs of football a week + 13-14 hrs of English a week

DESIGNED FOR

- 9-17 year old boys
- All football abilities except complete beginners

EXCURSIONS

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum
- London Experience (13-night camps only)
- Portsmouth Historic Dockyard (13-night camps only)

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6-night camps

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Excellent camp - great experience with true professionals - kids love the mixed nations atmosphere - overall highly recommended."

MR AVITAL, USA



A TYPICAL DAY



07:30
Fitness & stretch option



08:00
Breakfast



09:30
Football training



12:30
Lunch



13:15
Free time



14:00
English or Football



18:00
Dinner



19:30
Football / Activities
/ Players' Lounge



22:00
Lights out

BOOK A FOOTBALL CAMP TODAY.

SPEAK TO YOUR AUTHORISED AGENT.



LEARN. TRAIN. PLAY.



EUROSPORTSCAMPS

Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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