



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 13 NIGHTS. SURREY SPORTS PARK

DAY 1		DAY 2		DAY 3		DAY 4		DAY 5		DAY 6		DAY 7		DAY 8		DAY 9		DAY 10		DAY 11		DAY 12		DAY 13		DAY 14						
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY						
MORNING	BREAKFAST																															
	REGISTRATION		Football COACHING		CHELSEA FC Training Centre		Football COACHING		Football COACHING		STAMFORD BRIDGE		EXCURSION Thorpe Park		Recovery Session		Football COACHING		CHELSEA FC Training Centre		Football COACHING		Football COACHING		London City Tour		DEPARTURE					
AFTERNOON	LUNCH				Free Time				LUNCH				Free Time				LUNCH				Free Time				Free Time							
	Football Intro		Free Time						Recovery Yoga		Free Time						Football COACHING		Free Time										Recovery Yoga		Free Time	
			Recovery Swimming								Recovery Stretching								Recovery Swimming												Recovery Stretching	
			Sport WORKSHOP		Sport WORKSHOP		Sport WORKSHOP				Sport WORKSHOP		Sport WORKSHOP		Sport WORKSHOP																	
EVENING	DINNER																															
	Welcome PRESENTATION		Football COACHING		Football COACHING		Football COACHING		Football AWARDS		Evening Activity		Evening Activity		Weekly Welcome		Football COACHING		Football COACHING		Football COACHING		Football AWARDS		Evening Activity							
Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge		Players' Lounge								
Timetable may be subject to change																																