



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 13 NIGHTS. CHARTERHOUSE.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST													
	REGISTRATION	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	STAMFORD BRIDGE	EXCURSION London Experience	Recovery Session	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	EXCURSION Thorpe Park	DEPARTURE
AFTERNOON	LUNCH			LUNCH				Football COACHING	Free Time	Free Time	Free Time			
	Football Intro	Recovery Swimming	Recovery Yoga	Recovery Stretching	Recovery Swimming	Recovery Yoga	Recovery Stretching							
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP							
EVENING	DINNER													
	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	Evening Activity	Weekly Welcome	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change